



AUBURN
UNIVERSITY OUTREACH



OLLI at AUBURN
OSHER LIFELONG LEARNING INSTITUTE AT AUBURN UNIVERSITY

SCHEDULE OF COURSES • SPRING 2010

Classes Begin the Week of March 29-April 2 and end the week of May 17-21.

ADVANCED WATERCOLOR AND DRAWING – A10201
(Cindy Mask, Instructor; Thurs. 9:00-11:00 a.m., Jan Dempsey Community Arts Center)

Course meets Thursday, April 1 to Thursday, May 6 (six weeks). Students who have previous painting and drawing experience will continue developing technique and style. Projects and techniques will be introduced alternating with subjects determined by the student. Please have \$55 check payable to Auburn Arts Association at first class. Materials list available at registration. Also pre-register with Cindy Mask at 334-444-4308 or maskcyn@auburn.edu.

ALABAMA POLITICS AND CONSTITUTIONAL REFORM – A10202

(Keith Ward, Presenter; Tues. 12:45-2:15 p.m., Lexington)

Education and tax policy are limited by the highly restrictive Alabama constitution. We will review past policies and efforts at constitutional change. Class participants will have the opportunity to recommend policy and constitutional changes that could affect our governmental future. Issues such as tax policy, home rule and land use reform will be introduced and discussed.

AMERICAN INDIAN REMOVALS, 1813-1855 – A10203

(John Tidwell, Presenter; Mon. 10:15-11:45 a.m., Lexington)

Study the bitter tale of sad events that lead to the final massacre at Wounded Knee, which began with the Trail of Tears. We will concentrate on the removal of five tribes: Cherokee, Chickasaw, Choctaw, Creek, and Seminole.

AMERICAN REVOLUTION: BACKGROUND AND BEGINNING – A10204

(Margie Fitzpatrick, Presenter; Tues. 8:30-10:00 a.m., Lexington)

Study the situation and conditions in England and the American colonies which led to the Revolution. Topics include such things as the Boston Massacre, the Boston Tea Party, Lexington and Concord, Bunker/Breed's Hill, and the early campaigns into Canada. This will be a leisurely approach. If you are in a hurry to get to Yorktown and see who won the war this is not the course for you!

BIRDING 101 – A10205

(Paul Smith, Presenter; Tues. 8:30-10:00 a.m., Lexington)
Discuss the basics of identifying the most common birds of the southeastern United States. Following discussion of birding techniques and use of equipment, we will focus on

different groups of birds and how to differentiate members of each group. Groups will include raptors, upland game birds, songbirds, crows, jays and other nuisance birds, water and shorebirds, extinct and threatened birds. Learn how to attract birds to your own backyard. Concludes with a field trip to Town Creek City Park to spot and identify birds that we have studied.

BUSINESS LAW 101 – A10206

(Mark Tippins, Presenter; Tues. 2:30-4:00 p.m., Lexington)

Rarely does a day go by that some sort of business law issue does not arise in our normal course of life. Life has gotten complicated from every angle. This class will take a head first approach to discovering the answers to some often asked questions and matters that affect us all. Discuss tax laws, banking laws, property rights issues, the makeup of different business entities, and real estate buying and selling, and a host of other matters. Multiple handouts will be distributed as well as actual case law analysis. Come prepared to ask lots of questions!

CHRISTIANITY – THE RELIGION OF DICHOTOMY AND POLARITIES – A10207

(James Walter, Presenter; Mon. 8:30-10:00 a.m., Lexington)

A dichotomy is a system of branching in which the main axis forks repeatedly into polarities. The primary axis in Christianity is Love which forks into such polarities as God – Man, Law – Grace, Physical – Spiritual, Judgment – Forgiveness, Authority – Humility, Doubt – Faith, Life – Death, Brokenness – Reconciliation. These polarities are experienced in our relationships with God, self, and each other. Ultimate is perhaps the key word.

CIVIL LIBERTIES AND CIVIL RIGHTS, PART III – A10208

(Jacob Walker, Presenter; Mon. 12:45-2:15 p.m., Lexington)

Course includes 36 DVD lectures about civil liberties and civil rights in America. Topics include Marbury v. Madison and judicial review; civil liberties and rights; private property; personal privacy; family interests; due process; sexuality; right to silence; right to die; religion; school prayer; cruel and unusual punishment; hate speech and fighting words; how private property may be taken for public use; and other interesting pertinent topics.

CURRENT ECONOMIC TOPICS – A10209

(Sark Kavookjian and Jack Willingham, Presenters; Mon. 10:15-11:45 a.m., Lexington)

Member-led, member-driven discussion group dealing with "Everything you wanted to know about economics, but

WHAT IS OLLI AT AUBURN?

The Auburn University Academy for Lifelong Learners (AUALL) was formed in 1990. For seventeen years, AUALL thrived, expanded, and offered stimulating peer-led classes.

In 2007, AUALL received funding from the Bernard Osher Foundation and changed its name to the Osher Lifelong Learning Institute (OLLI) at Auburn. Each term begins with a general meeting featuring noted scholars and community leaders as speakers. By the end of the 2008-2009 academic year, OLLI at Auburn had 553 members. At the end of Winter Term 2010, our membership had grown to over 650 members.

The Osher Foundation, started in 1977 by respected businessman and community leader Bernard Osher, seeks to improve the quality of life through support for higher education and the arts. In 2000, the foundation began assisting programs for those interested in learning for the joy of learning, without concern for credit or degrees and funded the first Osher Lifelong Learning Institute (OLLI). By 2009, there were 126 groups in 48 states, including Auburn University's program.

MEMBERSHIP

The only requirement for membership is a desire to learn. You don't need a college degree; you don't need any college background at all. Even our most educated members can learn from the experiences of others. You don't have to be retired or over a certain age. OLLI at Auburn invites all interested people to join us in learning about the pleasure of stretching our minds just for the fun of it.

Imagine a school in which the courses are challenging and the students are serious, but there are no entrance requirements, no exams, and no grades. Where you go to class because you want to, not because you have to. Where you and other OLLI at Auburn members decide what to study and how to study it. Where, if you wish, you can take part in the teaching as well as the learning. In OLLI, you can become as involved as you want.

OLLI at Auburn is a peer lead organization. Members elect a Board of Directors to conduct the organization's affairs. The Board's work is supplemented by committees for finance, curriculum, membership, promotion, review and planning, and technology. A social committee plans the parties and picnics, and a travel committee organizes a variety of tours and field trips each year. All OLLI classes are taught by volunteers, most of whom are OLLI members.

We invite you to join us. Come make new friends while learning together. Come stretch your mind with us and enjoy the lifelong learning banquet

FINANCIAL ASSISTANCE

Thanks to the Osher Foundation funding, OLLI at Auburn is able to offer scholarships. For more information, contact the Outreach Program Office at 334-844-5100 or email OLLI@auburn.edu, or visit the website at www.olliatauburn.org.

**REGISTRATION FOR OLLI AT AUBURN MEMBERSHIP 2009-2010
and/or SPRING 2010 COURSES**

Please indicate your class choices on the form below. You will be admitted into your classes on a first come, first served/space available basis. Return your form as soon as possible or call 844-5100 to register. Please register as soon as possible or prior to March 22 to allow our staff adequate time for classroom space planning.

Name: _____ (Nametag Preference) _____

Address: _____ City, State, Zip _____

Telephone: () _____ E-Mail Address: _____

Emergency Contact: _____ Phone: () _____

I want to take _____ # courses. (NO LIMIT - REGISTER FOR AS MANY AS DESIRED)

1st Class _____ 2nd Class _____

3rd Class _____ 4th Class _____

5th Class _____ 6th Class _____

I am interested in the following courses for the future: _____

I am interested in the following extra-curricular activities: _____

OLLI 2009-2010 MEMBERSHIP TERM IS July 1, 2009, UNTIL June 30, 2010,

Annual Dues	(Once annual dues are paid members will not need to pay again until the 2010-2011 Term).	
_____	\$ 10.00	2009-2010 OLLI Membership Dues
Course Fees	(Annual Dues are required to take courses.)	
_____	\$ 65.00	SPRING COURSES ONLY 1 Term
_____	\$ _____	DONATION (Additional contribution toward operating costs to keep OLLI strong)
_____	\$ TOTAL AMOUNT DUE (Example: \$10 dues + \$65 fee = \$75)	

Payment: Check Money Order **(MAKE CHECKS PAYABLE TO AUBURN UNIVERSITY)**
 Visa MasterCard American Express Discover

Credit Card Billing Information (please print): Card # _____

Expiration Date _____ Name on Card _____

FOUR CONVENIENT WAYS TO REGISTER

Mail to: OLLI at Auburn, 301 O.D. Smith Hall, Auburn, AL 36849-5608

Call: (334)-844-5100 Register On-line: www.olliauburn.org

Fax to: (334)-844-3101 E-mail: olli@auburn.edu

FOR OFFICE USE ONLY: Amount _____ Receipt # _____ Date _____

INCLEMENT WEATHER POLICY

OLLI at Auburn follows the policy of Auburn University with regard to closing in times of inclement weather. If Auburn University is closed because of weather conditions, our classes will also be canceled. Local closing announcements may be obtained from television or radio news.

were afraid to ask." Topics will be selected by the group based on current events. Newspapers, magazines, and television will be our sources for discussion. No text.

ETHICAL BRAIN: THE SCIENCE OF OUR MORAL DILEMMAS – A10210

(Mary Carol Moran, Presenter; Mon. 8:30-10:00 a.m., Lexington)

Michael Gazzaniga will present the Littleton-Franklin lecture at AU on April 11, 2010. We will read and discuss his thought-provoking book, *The Ethical Brain: The Science of Our Moral Dilemmas*. Join us in a lively discussion of about 50 pages per week for seven weeks, from March 29-May 10.*

EUROPEAN HISTORY REVISITED, PART II – A10211

(Reynolds McLeod, Instructor; Tues. 12:45-2:15 p.m., Lexington)

Take a fresh look at European history, beginning 3,000 years ago. Explore both new and older ideas, throw out unused kings, and explore what makes Europe different. This is not a nicely homogenized "western civ" rehash; there is controversial material and ideas which make you reexamine what you thought you remembered from freshman history. Prepare for vigorous rethinking of origin and development of European civilization. You may want a basic Western Civilization text to work against.

EVEN DEADLIER SINS – A10212

(Lee Hermes, Presenter; Mon. 10:15-11:45 a.m., Lexington)

Our last session of *The Seven Deadly Sins* was so much fun that we're back with more. Course will discuss short stories by Honore de Balzac, Frances Hwang, Jim Shepard, Fay Weldon, John Cheever, Nadine Gordimer, F. Scott Fitzgerald, Dorothy Parker, W. Somerset Maugham, Rose Tremain, Italo Calvino, Alison Lurie, Aldous Huxley and Pam Houston, from the book *EVEN DEADLIER*. Discussions will revolve around one of the Seven Deadly Sins: Pride, Envy, Anger, Sloth, Greed, Gluttony and Lust.*

FRENCH CONVERSATION, PART III – A10213

(Paul Kouidis, Instructor; Tues. 10:15-11:45 a.m., Lexington)

Continuation of Conversational French II. This session offers useful topics of everyday life such as shopping, traveling, sports, clothing, exercise, cars, health-related subjects, vacation and banking. In addition, study pertinent grammatical concepts, idioms and irregular verbs. One year of previous exposure to French is required. Come for "la causerie." The textbook used is *Bienvenue: Glencoe French 1, 1994 Edition*.*

GENEALOGY AND FAMILY ARCHIVES – A10214

(Joanna Hoyt, Presenter; Tues. 2:30-4:00 p.m., Lexington)

Picking up from "Genealogy Online," explore ways to organize and safely preserve family memorabilia, including photos, letters and papers, clothing and textiles, and much more. Think about whether some of your things might belong in a museum or archive, and how to choose the right institution. Classmates will share tips and experiences, as well as learn from visiting experts.

GEOLOGY II: SURFICIAL PROCESSES – A10215

(David Newton, Coordinator; Jack Carrington, Presenter; Mon. 2:30-4:00 p.m., Lexington)

This is a continuation of the course offered last term. This is the "fun" part of geology, and it deals with things at or near the Earth's surface, which we can observe and interpret. We will cover processes such as the Hawaiian Islands, Yellowstone, mass wasting, weathering, soils and clay minerals, climate and types of soils, streams, sculpting of landscapes, stream erosion in arid regions, glaciology, groundwater and its contamination, karst topography, economic geology of coal and petroleum.

GREAT DECISIONS 2010 – A10216

(Paul Turnquist, Presenter; Tues. 10:15-11:45 a.m., Lexington)

Participants learn about U.S. foreign policy and global issues. We will discuss multiple viewpoints in a group setting. Topics for 2010 are: Special Envoys, Kenya and R2P, Global Crime, U.S.-China Security Relations, Global Financial Crisis, Russia and its Neighbors, The Persian Gulf, Peace Building and Conflict Resolution. Class starts with a DVD on the topic for the week by three knowledgeable persons taped in fall 2009 followed by class discussion. A briefing textbook from the Foreign Policy Association provides background, policy options, maps, web sites and blogs, available at first class, \$20.*

GREAT MASTERS OF MUSIC, PART III – A10217

(Fredda Buxton, Presenter; Tues. 10:15-11:45 a.m., Lexington)

In this DVD series, Professor Robert Greenberg discusses each great master with brilliant scholarship, sympathetic understanding, keen musical insights, and engaging humor. Course is overflowing with interesting facts and anecdotes. Ever wondered what makes great musicians tick, or how they do what they do? Then don't miss this fabulous series, studying the lives and works of Liszt and Mahler.

HEALTHPLUS WELLNESS – A10218

(Emily Ansick, Presenter; Tues. and Fri. 1:00-2:30 p.m., HealthPlus Fitness Center)

Like to maintain your fitness, ideal weight, and feel good for the rest of your life? Learn how to accomplish these goals by increasing your knowledge of exercise and nutrition. Class meets twice a week at HealthPlus Fitness Center on Gatewood Drive. Sessions consist of seminars, fitness assessments, exercise equipment orientation, and group exercise classes. Led by qualified fitness specialists, a nutritionist, and group exercise instructors. Class is free for HealthPlus members; no additional waivers or releases needed. Non-members must pay \$49 class fee, sign a liability waiver, and have a medical release signed by their personal physicians. Additional forms for participation should be picked up at HealthPlus and completed prior to start of class.

HIGHS AND LOWS IN THE HIMALAYAS: AN INTRODUCTION TO NEPAL – A10219

(Virginia O'Leary, Instructor; Tues. 10:15-11:45 a.m., Lexington)

Nepal is a small, landlocked country sandwiched

between India and China. It is approximately the size of Louisiana. Its terrain ranges from the tropical jungles of the Terai to the snow capped peak of the world's highest mountain, Everest. In addition to the four major caste groups, Bahun (Brahmin), Chhetri, Newar, and Dalit there are 151 indigenous groups who speak 123 languages including Nepali, the national language based in Sanskrit. Travel through time to explore the history, and culture of a land that was until 2007 the only Hindu Kingdom in the world. Together we will explore the geography, socio-cultural history, religion, politics, art, and people of one of the poorest countries in the world.

HISTORY OF HITLER'S EMPIRE – A10220

(Don Buxton, Presenter; Tues. 12:45-2:15 p.m., Lexington)
Course is a series of twelve 30 minute lectures on DVD by Professor Thomas Childers of the University of Pennsylvania. See the staggering effect on Germany of its defeat in World War I and how this allowed extreme nationalist movements such as Nazism to thrive. Learn how the Nazis were able to seize control of the press, the radio, the courts and the police with so little trouble. Professor Childers will tell you how Hitler conducted his war against the Jews to the very end and how, after so much death and destruction, his evil empire itself was finally destroyed by Allied might.

INNER SANCTUARY TRAINING – A10221

(Katie Kane, Presenter; Mon. 2:30-4:00 p.m., Lexington)
Inner Sanctuary training establishes the sacred space within where you can go to receive spiritual insight and answers to your questions. Restore balance and vitality, manifest your creative ideas and strengthen your sense of purpose. Your work in the Inner Sanctuary helps you connect with your higher self and bring more love wisdom and peace into your life.

INTERNET AND COMPUTER ESSENTIALS – A10222

(Bill Womelsdorf, Instructor; Tues. 2:30-4:00 p.m., Lexington)
Learn about using and enjoying the Internet. Begin by reviewing practical computer skills and software that make using the Internet easier and more efficient. There will be live, how-to demonstrations. Topics include e-mail, e-learning, e-finance, online banking, shopping, social networking, research, and more. Course will emphasize how to use free software and Internet resources. Bring your Internet wish list. It is not necessary, but you are welcome to bring your laptop and get online with us.

KARATE FOR SENIORS – A10223

(Robert Martin, Instructor; Wed. 9:00-10:00 a.m., Lexington)
New participants welcome as we continue to focus on history, tradition, philosophy, application of classical Japanese Karate-do (Empty Hand Art). Sessions divided into two distinct segments. First, learn origins of karate from Okinawa to Japanese mainland into modern era. Second, get training in basic blocks, punches and kicks, become familiar with basic Kata (prearranged "forms"). All activities are age-appropriate, strictly non-contact, non-competitive. Any loose, comfortable clothing is suitable. Karate uniform (Gi) recommended but not required. Sensei Robert is AU HPER Karate instructor. Call the instructor at 334-750-9774 for more information.

KI – A10224

(Robert Martin, Instructor; Wed. 8:30-9:00 a.m., Lexington)
Ki is a system of physical training, philosophy, preventative and therapeutic health care, Japanese equivalent to Chinese Tai Chi and Chi Kung, the slow-motion, "internal" martial arts. Ki training is intended to increase flow of energy through the body. Exercises executed at a slow, rhythmic pace, with emphasis on correct breathing and general limbering of the body. You should experience increased stamina, better digestion, improved circulation, more restful sleep, balanced internal energy, and reduced anxiety. Any loose, comfortable clothing is suitable. Call the instructor at 334-750-9774 for more information.

LANDSCAPE PROJECTS AROUND THE HOME – A10225

(Dennis Pinkard, Presenter; Tues. 8:30-10:00 a.m., Lexington)
This class will offer guidelines, tips, and general information about most of our common landscaping and maintenance tasks around the home. Participants will learn from a group of experienced teachers, Extension Agents, Master Gardeners, a Curator, and others who are educated in maintaining the lawn, planting, pruning. We will help you understand which native Alabama plants are valuable to our environment, how to choose and plant annuals, perennials, shrubs and trees. We will provide you information on lawn care, Japanese Maples, propagation, and how to recognize invasive species in your landscape. There will be an opportunity for you to ask questions.

LEARN TO DRAW INTERMEDIATE – A10226

(Cindy Mask, Instructor; Thurs. 1:00-3:00 p.m., Jan Dempsey Community Arts Center)
Course meets Thursday, April 1 to Thursday, May 6 (six weeks). This course continues the Beginning Learn to Draw course. Students will work with charcoal, pencil and pastel. Elements of composition will be emphasized with additional work on techniques for each medium. Please have \$55 check payable to Auburn Arts Association at first class. Materials list available at registration. Also pre-register with Cindy Mask at 334-444-4308 or maskcyn@auburn.edu.

MARKETING: Past, Present...Future? – A10227

(Ford Laumer, Presenter; Tues. 8:30-10:00 a.m., Lexington)
What is marketing? How and why did marketing develop? Does marketing create value for consumers and organizations? What does marketing do? Join in to examine these and other questions. Daily newspapers and TV programming will be utilized.

MUSICALS: FILM AND BROADWAY – A10228

(Evie Pouncey and Florence Carroll, Presenters; Mon. 2:30-4:00 p.m., Lexington)
View some of the greatest musicals Broadway and film ever produced. Learn about the composers, lyricists, directors, actors, and other interesting facts. We will watch classic movies featuring Jeanette MacDonald and Nelson Eddy and Fred Astaire and Ginger Rogers.

OIL PAINTING WORKSHOP – STILL LIFE PAINTING – A10229A

(Ronald Bayens, Instructor; April 26, Mon. 9:00 a.m. to 4:00 p.m. Greystone Mansion)
Award winning artist Ronald Bayens will lead a small group through the process of painting an oil painting during one-day workshop. Students will start and finish a painting in one day following step by step instructions and demonstrations. Materials fee for each workshop is \$75; payable to Ronald Bayens. Break for lunch (not included).

OIL PAINTING WORKSHOP – STILL LIFE PAINTING – A10229B

(Ronald Bayens, Instructor; April 27, Tues. 9:00 a.m. to 4:00 p.m. Greystone Mansion)
Same description as above.

OIL PAINTING WORKSHOP – FLORAL PAINTING – A10230A

(Ronald Bayens, Instructor; May 17, Mon. 9:00 a.m. to 4:00 p.m. Greystone Mansion)
Same description as above.

OIL PAINTING WORKSHOP – FLORAL PAINTING – A10230B

(Ronald Bayens, Instructor; May 18, Tues. 9:00 a.m. to 4:00 p.m. Greystone Mansion)
Same description as above.

POETICS – A10231

(Mary Carol Moran, Presenter; Mon. 2:30-4:00 p.m., Lexington)
A technical course for poets and those interested in the techniques of poetry. Though all are welcome, class is especially useful

for those wishing to focus on writing and editing poems for publication in university-sponsored magazines and/or in preparing a poetry manuscript for submission to publishers and contests. Course meets seven weeks, from March 29-May 10. Text: The Art of Poetry by William Packard.*

POWER OF ART – A10232

(Bob Ekelund, Presenter; Tues. 8:30-10:00 a.m., Jule Collins Smith Museum of Fine Art)
Focusing on eight iconic works of art, this series reveals the history of visual imagination through the ages. Narrated by Simon Schama, noted historian and professor at Columbia University, the program will focus on the works of Caravaggio, Bernini, Rembrandt, David, Turner, Van Gogh, Picasso, and Rothko.

READING PLAYS FOR ENJOYMENT – A10233

(Ellen Langford, Presenter; Mon. 2:30-4:00 p.m., Lexington)
Because I have a lot of plays, it seemed logical to give some of you a chance to read a few of them. The class can (or rather I can) accommodate 12 members (including me), male and female. I will choose plays which I think will best "match" the number and gender of those in the class. All of the readings will be "cold" (which is theatre jargon for no prior practice"); you will not know the play until you get to class and I will know it only long enough to get it copied. In some of the classes we'll read full-length plays and in others we'll read two or three short ones. No text, no outside reading.

SPANISH CONVERSATION: BEGINNING AND ADVANCED BEGINNING, PART III – A10234

(Judith Hale, Presenter; Mon. 12:45-2:15 p.m., Lexington)
Relax, have fun, and learn enough Spanish to get along better while traveling, dining, meeting the natives of Spanish-speaking countries. Last of three quarters of instruction. Our texts and classroom conversation in Spanish insure success and progress. Texts: Easy Spanish Reader and Dictionary of Spoken Spanish Words, Phrases and Sentences. Outside reading and study, one hour per week.*

SPANISH II: PRACTICAMOS LA CONVERSACION – A10235

(TBA, Presenter; Tues. 10:15-11:45 a.m., Lexington)
Continue practicing spoken Spanish with help of audio-visual tools and volunteer Spanish speaking consultants. As we continue to refine class format, class members share new learning experiences in Spanish, gain fluency, and add to vocabulary. Any English-Spanish dictionary is acceptable.

Physical activity classes require completing a hold harmless waiver.

COMPUTER HELP DESK

**(W.C. McPherson, Technician, Tues. 12:45 -2 p.m., Second Floor Lobby, Lexington)
OLLI members may seek assistance, first come, first serve. Limit sessions to 10 minutes. Bring your laptop if possible. No appointment or registration needed to use the Help Desk.**

SYNCHRONICITY – A10236

(Tom Nielsen and Sandy Halperin, Presenters; Mon. 12:45-2:15 p.m., Lexington)

As physicists search for a unified field theory, so Carl Jung and others searched for synchronicity—the unifying principle behind meaningful coincidence and the totality of space and time. Participants will explore the connection between quantum theory and synchronicity, the bridge between matter and mind, and hear, share, and discuss stories of synchronicity. For more information, visit the class wiki at <https://sites.google.com/site/olli2010synchronicity/>. See the class website for text options and recommendations at <http://sites.google.com/site/olli2010synchronicity/bibliography>.

TAI CHI FOR ARTHRITIS (BEGINNERS) - HEALTH AND FUN – A10237

(Kitty Frey, Instructor; Tues. 12:45-1:30 p.m., Lexington)
Created by Dr. Paul Lam's team of tai chi and medical specialists, Tai Chi for Arthritis is easy and enjoyable to learn, bringing many health benefits safely and quickly. Medical studies show this program helps reduce pain significantly and improves many aspects of health through increased muscle strength, flexibility, stamina, improved relaxation, balance and posture. Arthritis foundations give it their full support. Especially effective for arthritis and suitable for anyone interested in beginning tai chi for health. Wear clothing and shoes suitable for exercising. For beginners or for those still learning basic 12 steps and the reverse.

TAI CHI FOR ARTHRITIS (INTERMEDIATE) - HEALTH AND FUN – A10238

(Kitty Frey, Instructor; Tues. 1:30-2:15 p.m., Lexington)
See above description. For continuing participants of Tai Chi for Arthritis. Learn and practice the new nine forms for Tai Chi for Arthritis, thus practicing all 30 movements.

THE NO GOOD, THE BAD AND THE UGLY – NOTORIOUS ENGINEERING DISASTERS – A10239

(Jim Barber, Presenter; Mon. 8:30-10:00 a.m., Lexington)
This series takes “learn from your mistakes” to a whole new level! It has chronicled everything from the Exxon Valdez disaster to a nuclear meltdown at a secret government facility, from the HARRIER jump-jet crashes to the devastating, avoidable effects of Hurricane Katrina. This program combines them into a single non-stop, authoritative narrative of what went wrong and why. Most importantly, the series demonstrates what was learned from each terrible mishap and what's been done to ensure these catastrophes never recur. Hardhats and safety equipment optional but highly recommended!

UNDERSTANDING THE HUMAN BODY, PART II – A10240

(Paul Rumph, Presenter; Mon. 8:30-10:00 a.m., Lexington)
Second of two courses using the Great Courses DVDs entitled “Understanding the Human Body: An Introduction to Anatomy and Physiology.” We will view the DVDs and discuss the anatomy (structure) and physiology (function) of the small intestine, colon and rectum, endocrine (gland) system, urinary system, reproductive systems, musculoskeletal system, inheritance, immunity, diagnostic imaging, and cancer. Common diseases of each system also discussed.

UNDERSTANDING THE UNIVERSE, PART V – A10241

(Gordon Johnson, Presenter; Mon. 10:15-11:45 a.m., Lexington)

Join us for an unrivaled opportunity to experience an introductory college course on astronomy in video series by world-class teacher and researcher Dr. Alex Filippenko. Much has happened in astronomy in a few short years. Many of these new discoveries are scientifically sophisticated, but the comprehensive scope of lectures allows you to absorb these findings in a learner-friendly, comfortable environment.

WHAT'S UP WITH THE CLIMATE – A10242

(David Newton, Presenter; Mon. 12:45-2:15 p.m., Lexington)
Participants certainly need not be versed in climatology to benefit from this course, most of which will be devoted to presentation of the objective scientific evidence associated with the global climate over thousands of years and into the future. Primary instructor Richard Wolfson, Professor of Physics and Environmental Studies at Middlebury College. Also view a PBS/Nova case study concerning California's efforts in energy conservation, efficiency, and development of new sources of power. Activities in Alabama and alternative energy will be discussed as well.

WRITING OUR LIVES – A10243

(Terry Ley, Presenter; Tues. 8:30-10:00 a.m., Lexington)
“Our lives are like a patchwork quilt, and it is only in the evening of life that we can see the pattern of what we have woven” (Richard L. Morgan, *Saving Our Stories: A Legacy We Leave*). We all have stories to tell! Here is an opportunity to reclaim your memories, write about them, and share them with a receptive audience of peers. We write each Tuesday morning, responding to stimulus prompts provided by the instructor. Recommended homework: finish and revise what you have begun in class and read self-selected memoirs, biographies, and autobiographies. Required Text: *Due South: Dispatches from Down Home* by R. Scott Brunner.*

YOGA FOR THE REST OF US – A10244

(Mary Carol Moran, Instructor; Mon. 10:15-11:45 a.m., Lexington)
Course focuses on gentle, restorative stretching, movement, and balance. Bring a mat, wear comfortable, loose clothes, and do not eat a large meal before class. All moves can be done from a chair or wheelchair if needed. Taught by a registered yoga trainer with 200 hours of training (RYT 200) who is also a yoga therapy consultant. Course meets seven weeks, from March 29-May 10. Relax and enjoy!

Location of OLLI Classes

Meeting spaces are designated in course descriptions.

Lexington Hotel, 1577 South College Street in Auburn, is the primary location for Monday, Tuesday, and Wednesday courses. Some Tuesday classes meet at Jule Collins Smith Museum of Fine Art, 901 South College Street, Auburn.

Some art classes are held at the Jan Dempsey Arts Center, 222 East Drake Avenue, Auburn. Oil Painting Workshop is held at Greystone Mansion, 434 East Magnolia Avenue. HealthPlus Fitness Center, 1171 Gatewood Drive, Auburn, is location for HealthPlus Wellness course.

All spaces are handicapped accessible.

***Most textbooks have been ordered through the AU Bookstore. Used copies may be available at the Gnu's Room. For the convenience of members, bookstore staff will sell books at the General Meeting, Monday, March 22, and between 10 a.m. and 11:30 a.m. in the second floor lobby of the Lexington Hotel on Monday, March 29. Members are welcome to purchase texts through other sources.**

OLLI General Membership Meeting



Features



20th Anniversary of AUall/OLLI at Auburn Celebration

When: Monday, March 22, 2010, 10 a.m.

Where: Lexington Hotel

Founded in 1990, OLLI at Auburn, formerly AUall, is 20 years old! Everyone is invited to join us and celebrate with birthday cake and punch. Charter members and founder Mary Burkhart will share memories, tell stories, and reminisce about the early days.